

- pulmonary arterial bleeding: verification by animal model
- **Running title:** Positive pressure for pulmonary arterial bleeding

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Abstract

- **Introduction**
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 In the field of general thoracic surgery, minimally invasive techniques such as video- assisted and robot-assisted thoracoscopic surgery are gaining popularity because of the increased detection rate of early-stage lung tumors. These techniques allow surgeons to remove the lesions with decreased postoperative pain, a shorter air leak duration, shorter hospital stays, and lower overall complication rates with oncological results

Ex vivo experiment

 Figure 1a illustrates the ex vivo experiment. The right PA from the lung of a swine immediately after slaughter was harvested and cut to a length of approximately 5 cm. A polypropylene container resembling a chest cavity was prepared, with a hole on one

94 side and attachment of a single-use retractor (Alnote®-LAPSINGLE; Alfresa Pharma Corporation, Osaka, Japan). The two ends of the harvested PA were connected to the infusion route in a leak-proof manner, then led out of the container through a port. One side was connected to an infusion bag containing saline solution. On the other side, the infusion route was raised to the same height as the infusion bag. Saline solution was dripped from a height equivalent to the corresponding pressure. Measurements were taken when the water level in the opposite infusion route increased to the same level as that in the infusion bag, indicating that the designated pressure had been reached in the artery. First, different injury types, including 10-mm-long incisions and 5-Fr sheath placement, were prepared in the vessel. The amount of liquid outflow from the injury site was measured for 30 seconds under various conditions, including the inflow 105 pressure and the pressure inside the container, using an $AirSeal^{\circledR}$ Intelligent Flow System (CONMED, Utica, NY, USA). No difference was found between the 10-mm incision and the 5-Fr sheath model as a PA injury model; therefore, the 5-Fr sheath model was used in the experiment with positive pressure in the container because of the reproducibility, measurement accuracy, and ease of the experiment.

In vivo experiments

All animals have received humane care in compliance with the "Principles of

Laboratory Animal Care" formulated by the National Society for Medical Research and

the "Guide for the Care and Use of Laboratory Animals" prepared by the Institute of

Laboratory Animal Research (ILAR), published by the National Academies Press(12).

The Azabu University Animal Experimentation Committee approved the in vivo

experiments (approval number 200206-1), which were performed in accordance with

 institutional guidelines and with the National Institutes of Health guidelines regarding the principles of animal care. Two specific-pathogen-free, 50-day-old female swine weighing 32 to 35 kg each were fed a standard diet and allowed water ad libitum. Both 121 swine underwent thoracoscopic surgery with target intrapleural pressures with $CO₂$ insufflation. Anesthesia was induced via intravenous injection of ketamine (10–15 mg/kg), xylazine (2 mg/kg), and propofol (2.5–3.5 mg/kg), and the animals were intubated with a 5.5-mm flexible silicone endotracheal tube (Univent; Fuji Systems Corporation, Tokyo, Japan) connected to a mechanical ventilator. The animals inhaled 2% isoflurane/100% oxygen for the entire experiment. We cannulated the left femoral artery and vein with a 20-gauge needle intravascular catheter using a cut-down technique and monitored the central venous pressure (CVP). Biological parameters, including blood pressure from the left femoral artery and left main PA, were monitored and recorded during the operation. The swine were placed in the left decubitus position 131 (Fig. 1b). The single-use retractor (Alnote[®]-LAPSINGLE) was then placed through the incision in the fourth intercostal space at the anterior axillary line. A 10-mm-diameter 30-degree rigid scope was introduced through this incision. One of the four ports was 134 connected to an AirSeal[®] for CO_2 insufflation, and artificial pneumothorax was maintained at a designated pressure. All surgical procedures were performed thoracoscopically. A 5-Fr intravascular catheter was inserted into the right pulmonary trunk (Fig. 1c). The intrapleural pressures varied between 0, 5, 10, 15, and 20 mmHg, and the amount of bleeding was measured for 10 seconds after applying pressure. The blood pressure of the left femoral artery, CVP, and heart rate were monitored throughout the experiment. The PA pressure before bleeding at each intrathoracic pressure (IP) was measured. However, it was technically impossible to evaluate the PA

pressure at the end of bleeding in order to check the amount of bleeding.

Statistical analysis

 GraphPad Prism, version 9.3.1 (GraphPad Prism Software Inc., San Diego, CA, USA) was used for the statistical analyses and to construct the figures. The results were assessed using the Kruskal–Wallis test and simple linear regression analysis to compare multiple groups and the unpaired two-tailed Student's t-test with Welch's correction (Welch's t-test) to compare two selected groups. A p value of <0.05 was considered statistically significant.

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- **Results**
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Ex vivo experiments with two different vascular injury models (5-Fr sheath insertion, 10-mm incision)

 First, the ex vivo model was used to compare the outflow at different flow pressures for various wound types. Two groups were created: one with a 10-mm-long wound in the blood vessel (10-mm group), and one with 5-Fr sheath placement (5-Fr group). Figure 2a shows the results of the outflow volume comparison for six samples per group. For both wound types, the outflow volume increased as the inflow pressure increased. Kruskal–Wallis nonparametric analysis showed significant differences between the two groups at outflow pressures of 10 and 50 mmHg but no significant differences between the two groups at outflow pressures of 20, 30, or 40 mmHg (Table 1). The results showed that 5-Fr sheath placement, which was easily applied during the experiment in the container, could be used as the representative wound type to measure the outflow

volume at these outflow pressures.

Effect of pressure changes in the cabinet on vascular outflow in a series of 5-Fr

- *sheath models*
- We then varied the pressure in the cabinet to 5, 10, 15, and 20 mmHg (PIP model) in
- the same experimental system with 5-Fr sheath placement and compared the outflow
- volumes. Table 2 and Figure 2b show the results of the experiments performed by
- changing the flow pressures to 20, 30, and 40 mmHg. For all flow pressures, the
- outflow decreased as the container pressure increased, and the F-test showed the
- validity of the model's approximation. Welch's t-test showed that the outflow volumes
- at 10, 15, and 20 mmHg of container pressure were significantly smaller than that of
- 177 the control ($p = 0.027$, $p = 0.002$, and $p = 0.005$, respectively).
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In vivo experiment with 5-Fr sheath model

 To verify the results of the ex vivo experiment, we conducted in vivo experiments on two swine. Figure 3a shows the results of the bleeding volume measured by varying the intrapleural pressures between +5 mmHg and +20 mmHg. Although the results could not be fully validated because we used only two swine, simple linear regression analysis confirmed that the bleeding volume decreased in accordance with the

- 185 increased intrapleural pressure (slope = -0.22 , F = 55.13, p < 0.0001) (Fig. 3a).
- Additionally, recorded video confirmed that the momentum of bleeding was suppressed
- as the intrapleural pressure increased (supplementary video 1). No significant changes
- in arterial blood pressure, CVP, or heart rate were observed between the pre- and post-
- experiments. As the intrapleural pressure increased, the blood pressure decreased, and

 may be regarded as a safer hemostasis procedure in the event of unexpected intraoperative PA bleeding.

 The growing demand for minimally invasive surgery has led to widespread use of thoracoscopic surgery without definitive evidence. The expert opinions of many medical professionals on how to handle bleeding during surgery have been summarized(13). This expert consensus clarified the following points. First, in the event of bleeding, surgeons must remain calm and use compression as the first step. Next, surgeons should convert the procedure to thoracotomy when the laceration site is large, bleeding is poorly controlled, no endoscopic view is available, or the laceration 224 site has spread during repair. This expert consensus did not mention PIP with CO₂ insufflation. Our results suggest that additional application of PIP will temporarily suppress bleeding, making it easier to control bleeding by compression and thoracoscopically repair the laceration. Furthermore, we believe that even if surgeons convert the procedure to thoracotomy, reduced bleeding during the thoracotomy should reduce the surgical invasiveness and thus contribute to the safety of the thoracoscopic surgery.

 Here, the question regarding whether it is safe to introduce high intrapleural pressure during surgery may be raised. Two safety concerns may arise: the effect of PIP on 234 cardiopulmonary function and the occurrence of an air embolism associated with CO₂ insufflation. The former has been difficult to evaluate in experimental animals. Scholars have concluded that PIP should not be applied because destabilization of cardiopulmonary function has been demonstrated in dogs(14), swine(15), and

248 We found no clear reports of air embolisms caused by the use of thoracic $CO₂$ 249 insufflation. However, various studies on air embolisms due to $CO₂$ insufflation were conducted in the field of laparoscopic surgery in the 1990s and 2000s, and we believe that these studies will help in evaluating the risks during thoracoscopic surgery. A meta- analysis showed that air embolisms occurred in only 7 of 489,335 laparoscopic procedures (0.001%)(19). However, using transesophageal echocardiography to 254 monitor for $CO₂$ embolism during laparoscopic surgery enabled the more frequent detection of bubbles(20). Dion et al.(21) reported that a single 15-mL dose to the vena cava in dogs resulted in no intravascular bubbles, a single 100-mL dose resulted in only increased PA pressure, and a single 300-mL dose resulted in bubbles in the left ventricle 258 and death. Mayer et al. (22) performed an in vivo experiment in which $CO₂$ was infused into the inferior vena cava at various rates for 2 hours in swine, resulting in air embolism and death in three of five animals after more than 50 minutes of infusion at 1.2 mL/kg/min. Graff et al.(23) concluded from experiments on dogs that the 50%

 This study had some limitations. First, because of the small number of swine in both the in vivo and ex vivo experiments, especially in the in vivo experiments, the statistical data may be unreliable. However, the ultimate goal of this study was to 273 establish a method for using $CO₂$ insufflation to safely stop intraoperative bleeding in humans. Therefore, we believe that a porcine experimental model should be established as soon as possible and that a small number of samples would provide a sufficient bridge to clinical practice. Moreover, constructing in vivo models would require sacrificing many animals, which should be avoided as much as possible to promote animal welfare. Second, anatomical differences exist between swine lungs and human lungs. However, obtaining the necessary length of human vessel to conduct the experiment is difficult; therefore, we chose swine as the experimental models.

Conclusion

 Ex vivo and swine in vivo experiments showed that increasing the intrapleural pressure (10–20 mmHg) via CO² insufflation may temporarily suppress bleeding from PA injury.

- This method may be useful as an adjunctive hemostatic maneuver for intraoperative
- bleeding if it is limited to bleeding from low-pressure systems such as the venous and
- pulmonary circulatory systems. Further investigation is needed to clarify the safety and
- efficacy of this method in clinical practice.

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Author contributions statement

- Conceptualization: MA, MK, YukSak
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- Funding acquisition: EK, MK, YukSak
- Investigation: MA, TY, YukSak
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- Validation: YuiSai, MK
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- Writing review & editing: NM, EK, YuiSai, MK
-
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References

Figure legends

 Fig. 1 Operative procedures. (a) Ex vivo experimental setting. The right pulmonary artery (PA) from the lung of a swine was harvested. In a polypropylene container, the two ends of the harvested PA were connected to the infusion route in a leak-proof manner. One side was connected to an infusion bag containing saline solution, and on the other side, the infusion route was raised to the same height as that of the infusion bag. Saline solution was dripped from a height equivalent to the corresponding pressure. (b) In vivo experimental setting. The swine were placed in the left decubitus position. A single-use retractor (Alnote®-LAPSINGLE) was placed through the incision in the fourth intercostal space at the anterior axillary line. A 10-mm-diameter 30-degree rigid scope was introduced through this incision. One of the four ports was connected to an AirSeal® for CO² insufflation, and artificial pneumothorax was maintained at a designated pressure. (c) Intrathoracic view of the in vivo experiments. A 5-Fr intravascular catheter was inserted in the right pulmonary trunk. The intrapleural pressure was varied, and the amount of bleeding was measured.

 Fig. 2 Ex vivo experimental results. (a) Comparison of the outflow volumes for the two groups: the 10-mm group (10-mm-long incision) and the 5-Fr group (5-Fr sheath). For both wound types, the outflow volume increased with the inflow pressure. There was no significant difference between the two groups at outflow pressures of 20, 30, or 40 mmHg. (b) Experimental results of 5-Fr model after varying the flow pressure to 20, 30, and 40 mmHg. For all fluid pressures, the outflow decreased as the container pressure increased.

Figure 2

Figure 3

